

Meridian Street Sports League Information and COVID-19 Guidelines

Soccer League Rules and Information (3/4 and 5/6 year olds)

1. Soccer games and practices are held at the fields at 5500 North Meridian Street.
2. Practices are held once per week, on weeknights, for one hour, between 5:30 pm and 7:30 pm. The practice night and time will be selected by the coach who will inform parents prior to the start of the season. Conflicts with practice nights should be discussed with the coach and the league administrator.
3. Games and are held on Saturday mornings and the final game schedule will be distributed by coaches shortly after practices begin. There will be some weeknight games later in the season which will replace practices.
4. This league uses size #3 balls.
5. Teams are coed, ages 3/4 and 5/6. There will be 10 players on each team. This limit is in place to ensure the maximum playing time and coach instruction time for the players involved.
6. Games consist of four 8 minute periods. Teams play 4 on 4 with one of the 4 players playing goalie. Both fields are used so teams have two games going concurrently.
7. Coaches will referee games in this league.
8. For safety reasons, goalies are not allowed to use their hands.
9. If a game is cancelled due to rain, the coaches will schedule a make-up game. Coaches will notify parents directly if a game is cancelled. If rain occurs during the game, the coached will decide whether to continue, postpone, or cancel the game. If lightning occurs during the game, the game will be cancelled immediately.
10. All players must wear shin guards. Cleats are recommended, but not mandatory. No shoes with metal spikes are allowed.
11. There are no penalty kicks in this league (free kicks directly on the goalie) but indirect free kicks (free kicks that can't be shot on the goal can be called for fouls).
12. There are no off-side calls in this league.

Soccer League Rules and Information (7/8 year olds)

1. Soccer games and practices are held at the fields at 5500 North Meridian Street.
2. Practices are held once per week, on weeknights, for one hour, between 5:30 pm and 7:30 pm. The practice night and time will be selected by the coach who will inform parents prior to the start of the season. Conflicts with practice nights should be discussed with the coach and the league administrator.
3. Games and are held on Saturday mornings or early afternoon and the final game schedule will be distributed by coaches shortly after practices begin. There will be some weeknight games later in the season which will replace practices.
4. This league uses size #3 balls.
5. Teams are coed, ages 7 and 8. There will be 12 players on each team. This limit is in place to ensure the maximum playing time and coach instruction time for the players involved.
6. Games consist of four 9 minute periods. Teams play 7 on 7.
7. A referee is provided for these games. If Coaches cancel games, they need to inform the referee.

8. If a game is cancelled due to rain, the coaches will schedule a make-up game. Coaches will contact parents directly if a game is to be cancelled. If rain occurs during the game, the coached will decide whether to continue, postpone, or cancel the game. If lightning occurs during the game, the game will be cancelled immediately.
9. All players must wear shin guards. Cleats are recommended, but not mandatory. No shoes with metal spikes are allowed.
10. There are no penalty kicks in this league (free kicks directly on the goalie) but indirect free kicks (free kicks that can't be shot on the goal can be called for fouls).
11. There are no off-sides calls in this league.

COVID-19 Guidelines

Below you will find an explanation of the current steps we will be taking in delivering our program when the needed.

Operational Steps:

- We will limit team sizes to 10 per team, versus 12 per team in past seasons. We will limit the full league participation to 340 players, versus 400 plus players in past seasons.
- We will space out weekend games over both Saturdays and Sundays to minimize numbers during games and transitions.
- We will eliminate post game snacks.
- Coaches should stay home and arrange for a back-up if they are feeling ill or displaying any COVID symptoms and follow CDC quarantine guidelines if they test positive.
- During games and practices, players and coaches should avoid high fives and any unnecessary physical contact.
- Coaches should space kids during practice as much as possible using rings, spots, or orange cones as their “special space” to help keep children spread out.

Parents:

- Parents should stay home and keep their children home if either are sick feeling ill or displaying any COVID symptoms and follow CDC quarantine guidelines if they test positive.
- Parents should limit family members on the sidelines to no more than 2 individuals.
- Parents should bring a sanitized and clearly labeled soccer ball for your child to use during practices.
- Parents should wash or sanitize their hands and their children's hands before arriving at the field.
- Parents should practice social distancing by staying 6 feet away from others that do not live in your household.